

Meredith Abroad Spring 2024: Exploring Nutrition in Tuscany

Financial Planning Worksheet

Instructions

1. Review your program brochure and budget, located at www.meredith.edu/oip or your Meredith Affiliate provider website.
2. If you plan to use financial aid, schedule a meeting with Judith Schram (jmschram@meredith.edu) in the Office of Financial Assistance via email indicating your name, student ID, and study abroad program selection.
3. **Send this form to Ms. Schram PRIOR to your scheduled meeting.**
4. Note: All students are strongly encouraged to attend a **Study Abroad Funding Workshop** to learn about scholarships, financial aid, and budgeting for study abroad. Register at www.meredith.edu/oip.

Student Information

Full Name:

Student ID:

Meredith Email:

Graduate Nutrition Program Budget

Table 1 Graduate Nutrition Budget

Program Cost	\$2,950
Additional Estimated Expenses	
Round-trip airfare	\$2,000
Passport (if applicable) + \$10 ETIAS visa for EU	\$175
International health insurance	\$55
International cell phone plan	\$50
Independent travel and personal spending money	\$500-1,000
Estimated Total Cost	

Student Financial Resources

Table 2 Student Financial Resources

Meredith-Based Aid	
Loans	Estimated \$
Study Abroad Scholarship Possibilities	
Meredith OIP Study Abroad Scholarships	Estimated \$
Outside or Affiliate Scholarships	Estimated \$
Additional Funding	
Personal Savings or Family Contributions	Estimated \$
Other Contributions	Estimated \$
Estimated Total Financial Resources	

Important Reminders about Financial Aid (Please Read!)

- Students should research the costs associated with their selected study abroad program and develop a funding plan to cover these costs. If the student is seeking financial support from family or outside sources, they should discuss program expenses with these parties.
- In order to receive any funding to study abroad, students must be in good financial and academic standing with the College.
- For semester-long study abroad programs, students must return to Meredith and complete at least one semester of coursework after the program abroad. If the student does not return to Meredith, they will be charged a fee equivalent to the amount of all institutional aid used to fund the study abroad program abroad.
- If a student receives any institutional funding to study abroad for one summer or semester term, they will not receive any institutional funding for a future summer or semester program abroad. This is not applicable to competitive scholarships offered by the Office of International Programs.
- Teaching Scholar, Presidential, or Legacy Scholar institutional aid may only be used on a student's **first** study abroad experience. For Teaching Scholars, a second study abroad may only occur during the summer term.
- In order to receive financial assistance for a summer program, students must earn at least six credit hours during the summer.
- If students do not pay in full by the deadline listed on their acceptance letter from the Office of International Programs or Meredith Affiliate provider, they will not be eligible to participate and will be subject to refund/withdrawal policies of the program.
- Financial assistance may be affected if students do not complete their program or earn the minimum credit hours required.
- When financial aid is disbursed, it is the student's responsibility to pick up the check from the Meredith Office of Accounting. If they would like their check to be mailed, the student must notify the Office of Accounting and provide a current mailing address. Funds are typically released 10 to 14 days ahead of departure date.