

Sexual Assault Awareness Month Resource Guide Spring 2022

Sexual Assault Awareness Month, held in April, is an annual, national campaign to raise awareness about sexual assault and educate communities and individuals about resources to support those who have experienced sexual violence. This year, Meredith's Sexual Assault Awareness Week Planning Committee planned presentations and events, held virtually, during the week of April 11-15, 2022.

In addition to the events that were held this year, we are also providing this resource document that includes links to campus, local, and national organizations; documentaries; student-created information; and ways to become involved in sexual assault awareness efforts.

Thank you to the following departments, organizations, faculty and staff who assisted in all of our planning efforts!

Sisters United, Counseling Center/Disability Services, Campus Chaplain, Office of the Dean of Students, Student Activity Fee funding

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4. Meredith College Student-Created Awareness Content

- i. Residence Hall bulletin boards created by Resident Assistants - RAs were encouraged this semester to create a bulletin board on their floors related to health relationships, resources, etc.
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Local Campus and Community Resources

Meredith College Campus Resources

Title IX Information - Includes how to report to Title IX Coordinator and Resources

www.meredith.edu/title-ix

[Click here to access the Anonymous Electronic Form for Reporting Sexual Violence](#)

Confidential Campus Resources:

<https://www.meredith.edu/title-ix/confidential-campus-resources/>

Counseling Center

<https://www.meredith.edu/counseling-center/>

For assistance contact the Center by email CounselingCenter@Meredith.edu or (919) 760-8427 and leave a message. During the academic year 24/7, the counselor on call may be reached by calling the RD on Duty at (919) 612-6350 or Campus Police at (919) 760-8888.

NOTE services are also being offered remotely during the COVID-19 Pandemic.

Services provided by the Meredith Counseling Center include:

- Telehealth crisis intervention and debriefing
- Telehealth short-term individual counseling
- Telehealth psychological consultation
- Resource and referral services
- All services are free and confidential

Meredith Student Health Center:

<https://www.meredith.edu/health-services>

Campus Chaplain:

<https://www.meredith.edu/campus-chaplain>

Additional Meredith Resources:

[Campus Police](#)

[Title IX Briefing for Faculty and Staff - August 2016 \(PDF\)](#)

[Health and Wellness at Meredith College New Student Orientation - August 2017 \(PDF\)](#)

Local Community Resources

InterAct

This organization is dedicated to ending the cycle of domestic and sexual violence in Wake County. InterAct saves lives, rebuilds lives, and secures safer futures for victims and survivors and their families.

Website: <https://interactofwake.org/home-page/about-us/>

Contact Information:

Crisis lines (24 hours): 919-828-7740 (Domestic Violence)
919-828-3005 (Sexual Assault)
919-828-3067 (Solace Center)
844-203-8896 (Spanish)

DCRC: Durham Crisis Response Center

The mission of this center is to work with the community to end sexual and domestic violence through advocacy, education, support, and prevention.

Website: <https://www.durhamcrisisresponse.org>

Contact information:

Crisis lines (24 hrs): 919-403-6562 (English)
919-519-3735 (Español)

Administrative line: 919-403-9425

Email: crisisline@durhamcrisisresponse.org

North Carolina Coalition Against Domestic Violence

This organization leads the movement within North Carolina to end domestic violence and to enhance work with survivors through collaborations, trainings, prevention, technical assistance, state policy development and legal advocacy.

Website: <https://nccadv.org>

Contact Information:

National Hotline: 1-800-799-7233 (SAFE)
NCCADV: 919-956-9124

North Carolina Coalition Against Sexual Assault

North Carolina Coalition Against Sexual Assault is an inclusive statewide alliance working to end sexual violence through education, advocacy, and legislation. NCCASA is a membership organization with a diverse membership including rape crisis centers, social change organizations, colleges and universities, medical professionals, mental health providers, faith institutions, other allied professionals, and individuals and college students who believe in and work together toward a world free from sexual violence. NCCASA as a statewide coalition uses a social justice framework, therefore, their work is done from a strong intersectional, social justice perspective. *Website:* <http://nccasa.org>

Get Help: <http://nccasa.org/get-help/>

Kiran

Kiran is an organization operating in Raleigh, North Carolina that provides services for South Asian survivors of domestic violence. Services are culturally specific, and this organization provides help with safety planning, translation assistance, secure housing, resource referrals, and secondary family services.

24 Hour Hotline: 1-877-625-4726

Website: <https://www.kiraninc.org/>

National Resources

For Everyone

RAINN

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE, online.rainn.org and rainn.org/es) in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

Website: <https://www.rainn.org/about-national-sexual-assault-telephone-hotline>

National Sexual Assault Telephone Hotline

Need help?

Call 800.656.HOPE (4673) to be connected with a trained staff member from a sexual assault service provider in your area.

How does it work?

When you call 800.656.HOPE (4673), you'll be routed to a local RAINN affiliate organization based on the first six digits of your phone number. Cell phone callers have the option to enter the zip code of their current location to more accurately locate the nearest sexual assault service provider.

LoveIsRespect.org

Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships.

Services provided:

- Highly-trained advocates offer support, information and advocacy to young people who have questions or concerns about their dating relationships. We also provide information and support to concerned friends and family members, teachers, counselors, service providers and members of law enforcement. Free and confidential phone, live chat and texting services are available 24/7/365.
- Online, loveisrespect strives to be a safe, inclusive space for young people to access information and get help in an environment that is designed specifically for them. Our website provides comprehensive education on healthy, unhealthy and abusive dating relationships and behaviors.

- Loveisrespect also mobilizes parents, educators, peers and survivors to proactively raise awareness on healthy dating behaviors and how to identify unhealthy and abusive patterns. Through trainings, toolkits, and curriculum, we are growing community educators and advocates to promote healthy relationships and prevent future patterns of abuse.

Website: <https://www.loveisrespect.org>

Chat at www.loveisrespect.org

Text LOVEIS to 22522*

Call: 1-866-331-9474

For Persons Identifying as BIPOC

National Indigenous Women's Resource Center (NIWRC)

NIWRC is a national organization dedicated to ending violence against Indigenous women and children. They offer resources and services for survivors of domestic violence, sexual assault, stalking, trafficking, and missing and murdered Indigenous women and girls.

Toll Free Number: 855-649-7299

Website: <https://www.niwrc.org/>

StrongHearts Native Helpline

StrongHearts Native Helpline offers services 24/7 that are safe, confidential, and anonymous. Their other services include peer support and advocacy, personalized safety planning, crisis intervention, support with finding local resources, and more.

24 Hour Hotline: 1-844-7NATIVE (762-8483) or chat online via their website.

Website: <https://strongheartshelpline.org/>

YWCA

YWCA offers a variety of services for Black women. Their domestic violence and sexual assault services include housing, counseling, crisis hotlines, job and work skills training, case management, and more.

Website: <https://www.ywca.org/>

For Persons identifying as LGBTQIA+

Anti Violence Project (AVP)

The AVP is a national organization dedicated to providing services for members of the LGBTQIA+ community as well as individuals affected by HIV.

Hotline: 212-714-1141

Website: <https://avp.org/>

Forge

Forge is a national organization designed to serve transgender and non-binary survivors. They offer a variety of resources on their website as well as training opportunities to get involved with helping survivors.

Website: <https://forge-forward.org/>

Sexual Assault Awareness Documentaries

The Bystander Moment

- Trigger Warning: This documentary includes references to sexual assault and sexual violence. Some of the content may be difficult to watch. Please take care of yourself and access resources for support as needed.
- View for FREE via your Kanopy Account through Meredith!
- Log in with your Meredith account here:
- <https://infotogo.meredith.edu/c.php?g=525096&p=3961694>
- Documentary Link: <https://meredith.kanopy.com/video/bystander-moment>

Documentary Details from Kanopy:

The #MeToo movement has shined much-needed light on the pervasiveness of sexual harassment and abuse and created unprecedented demand for gender violence prevention models that actually work. *The Bystander Moment* tells the story of one of the most prominent and proven of these models - the innovative bystander approach developed by pioneering scholar and activist Jackson Katz and his colleagues at Northeastern University's Center for the Study of Sport in Society.

Running Time: 50 mins Year: 2018

Audrie & Daisy

- Trigger Warning: This documentary includes references to sexual assault and sexual violence. Some of the content may be difficult to watch. Please take care of yourself and access resources for support as needed.
- Available for streaming via Netflix: <https://www.netflix.com>

Documentary details from the Audrie and Daisy website: <http://www.audrieanddaisy.com>

Audrie and Daisy is an urgent real-life drama that examines the ripple effects on families, friends, schools and communities when two underage young women find that sexual assault crimes against them have been caught on camera. From acclaimed filmmakers Bonni Cohen and Jon Shenk, *Audrie and Daisy*, which made its world premiere at the 2016 Sundance Film Festival, takes a hard look at American teenagers who are coming of age in the world of social media bullying, spun wildly out of control.

Running Time: 1 hour 38 mins Year: 2016

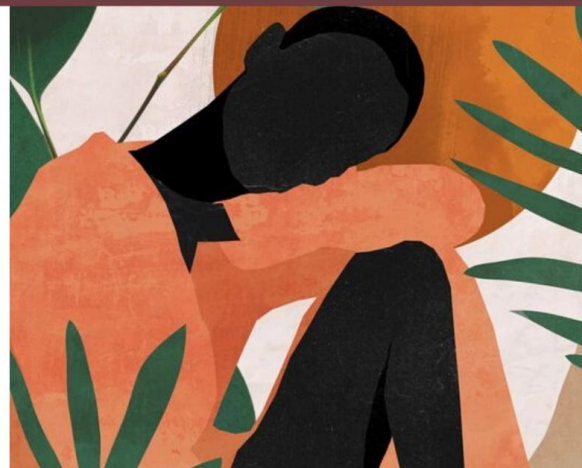
Awareness Material Created by Student Organization

The Meredith College Black Student Union (BSU) created an informational brochure in 2020 about how Black women are affected by sexual assault. You can find their brochure below:



*"I can be changed by
what happens to me,
but I refuse to be
reduced by it."*

— MAYA ANGELOU



WHAT IS SEXUAL ASSAULT?

Sexual assault is any form of sexual physical touch to a person without their consent. Sexual assault can come in many forms from forcing sexual acts upon someone to touching people in places that are not appropriate and is unwanted.



HOW ARE BLACK WOMXN AFFECTED?

With all women, the fear of not being heard and overlooked due to racism and misogyny are factors that influence a victims willingness to report their abusers and share their stories.

STATISTICS

- For every Black woman that reports her rape, at least 15 Black women do not report.
- Approximately 60% of Black girls experience sexual abuse by age 18.
- According to a 2014 study, about 22% of Black women reported being raped and 41% experienced other forms of sexual violence.
- Black women students in various academic settings who reported experiencing rape: 16.5% in a high school sample and 36% in a college sample.
- 32% of Black transgender people report being sexually assaulted while in police custody or jail.
- 13% of Black transgender people experience sexual violence at the workplace.

ENDRAPEONCAMPUS.ORG

SERVICES AROUND THE TRIANGLE

Interact Family Safety and Empowerment Center
1012 Oberlin Rd. Raleigh NC, 27605
Crisis Hotline: 919-828-7740
Interact's location allows for more accessibility for residential and commuter

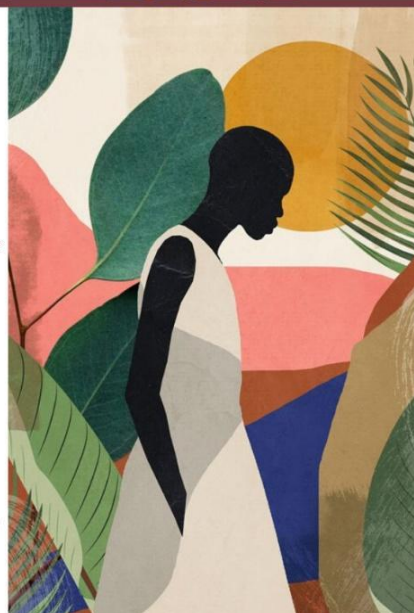
SOLUTIONS

There is a fundamental lack of resources that can be accessed by women of color who are economically, institutionally, or personally unable to seek help. So how can people help? It's a simple-complex solution.

1. Be supportive. There are several organizations that exist for these types of situations such as, Rights 4 Girls, Sister Love, Trans women of color, and so much more.
2. Stay educated. The ones listed aren't the only ones out there. Do your research and support others too! Also, in order to be a true feminist, it is important to understand all types of women. Read and understand reliable articles about the sexual violence and history of black women

MORE RESOURCES

Durham Crisis Response Center
206 N. Dillard Street, Durham NC 27701
Crisis Hotline: 919-403-6562
DCRC provides program services created by and for LGBTQ+ members
Harbor, Incorporated
PO Box 1903 Smithfield, NC 27577
Crisis Hotline: 919-631-4718



Get Involved!

Be informed:

- The first step in contributing to a cause is learning where the problem stems from, organizations that exist related to the cause, and how the problem affects you, your community, and even your world.
- If you're interested in getting involved, your first step should be doing research!
- Learn about those organizations that work to solve the problems you're interested in, reach out and communicate with community and campus leaders that can get you connected with others who can help you get involved, and start talking about it!

Take action:

- **Contact your legislators:**
 - Write a letter to your state representative who create policy that supports survivors of domestic violence, sexual assault, and human trafficking.
 - Go to [Resistbot](#) to learn who your representatives are and receive aid in drafting a letter to your Congressmen, state legislators, and governor.
- **Get involved in your community:**
 - Support and volunteer with campus and community organizations that provide assistance to those who have been impacted by sexual violence.
 - **Meredith College Campus Organizations:**
 - ***Sisters United:***
 - Sisters United is a community service organization on Meredith's campus that strives to raise awareness about issues such as human trafficking, sexual assault, and domestic violence. We accomplish this through hosting awareness weeks, various speakers, documentary film screenings, and donation drives. Sisters United has also played a large role in the planning of Sexual Assault Awareness Week the past four years.
 - Join the Meredith College **Sexual Assault Awareness Planning Committee** on campus (email Dean Ann Gleason at gleasona@meredith.edu)
- **Local Organizations:**
 - ***InterAct of Wake County:***
 - <https://interactofwake.org/howtohelp/>
 - ***Ways to help through Interact:***
 - [Donate Goods • InterAct](#)
 - [Give](#)
 - [Volunteer](#)
 - [Individual Volunteer Opportunities](#)

- [Group and Corporate Volunteer Opportunities](#)
- [Internships • InterAct](#)
- [Pass It On Thrift Store](#)
- [Host An Event • InterAct](#)

- ***Durham Crisis Response Center (DCRC):***
- [Durham Crisis Response Center](#)
- [Volunteer for Durham Crisis Response Center](#)
- [penniesforChange](#)

Thank you for your interest in learning more about resources available to Meredith College campus community members and allies. Please contact any of the resources listed above if you have any questions or requests for more information.